



October 4th
2020



MY SOUL IS OVERWHELMED WITH SORROW TO THE POINT OF DEATH

A note from the Rector:

As COVID-19 continues to impact upon us, we're seeing a variety of responses and reactions by individuals and groups to the restrictions that have been set in place. For example, some people are rebelling against what they're being told to do; whereas others are questioning the restrictions but are continuing to adhere to the regulations that have been set; whilst still others simply accept what they're told and so choose to do what they're told; whereas others feel that the restrictions that are in place are not sufficient.

So there are a number of ways that people are responding to the restrictions, but there's also a number of different ways that people are responding emotionally in this time of COVID. For example, some people are angry; others are anxious; others are feeling depressed or overwhelmed; whereas others are enjoying the change.

With these things in mind, it might be a good idea for you to take some time to reflect on, firstly, how you are responding to the restrictions and, secondly, to consider how others are responding and how you can support them when their response is different to yours.

On this, today Ernie is addressing those who may be feeling overwhelmed by looking to King David and King Jesus, when they both felt overwhelmed, to where they put their hope.

Allan

This week's Zoom links:

Sunday Morning Church via Zoom 9.00am

<https://us02web.zoom.us/j/89163303726?pwd=MjRxbW5HNWU2OVIEYWlrVzZ5TW9DQT09>

(Meeting ID: 891 6330 3726, Passcode: 687242, or dial 8015 6011)

Tuesday's Prayer meeting 9.00am

<https://us02web.zoom.us/j/787794144?pwd=YmdML1h5ZG81dXJkDc3NjYFNkTmNEdz09>

(Meeting ID: 787 794 144, Passcode: 813312, or dial 8015 6011)

Our apologies but this week and next week, as Allan is away, we're not able to record our service and post it on our website. So if you are not attending church this Sunday then you may like to take the opportunity to check out one or two other churches in our Diocese. To go to All Saints ANEW to LISTEN to a sermon then go to <http://www.anew.org.au/sermons/> OR if you would like to SEE what The Camden Haven are doing this week then go to <https://havenanglican.com/church-services/> and click on the 'Sunday Lifestream' Link.

Psalms 42-43 (NIV)

Psalm 42

For the director of music. A *maskil* of the Sons of Korah.

¹As the deer pants for streams of water, so my soul pants for you, my God.

²My soul thirsts for God, for the living God. When can I go and meet with God?

³My tears have been my food day and night,
while people say to me all day long, "Where is your God?"

⁴These things I remember as I pour out my soul:
how I used to go to the house of God under the protection of the Mighty One
with shouts of joy and praise among the festive throng.

⁵Why, my soul, are you downcast? Why so disturbed within me?
Put your hope in God, for I will yet praise him, my Savior and my God.

⁶My soul is downcast within me; therefore I will remember you
from the land of the Jordan, the heights of Hermon—from Mount Mizar.

⁷Deep calls to deep in the roar of your waterfalls;
all your waves and breakers have swept over me.

⁸By day the LORD directs his love, at night his song is with me—a prayer to the God of my life.

⁹I say to God my Rock,
"Why have you forgotten me? Why must I go about mourning, oppressed by the enemy?"

¹⁰My bones suffer mortal agony as my foes taunt me,
saying to me all day long, "Where is your God?"

¹¹Why, my soul, are you downcast? Why so disturbed within me?
Put your hope in God, for I will yet praise him, my Savior and my God.

Psalm 43

¹Vindicate me, my God, and plead my cause against an unfaithful nation.
Rescue me from those who are deceitful and wicked.

²You are God my stronghold.
Why have you rejected me? Why must I go about mourning, oppressed by the enemy?

³Send me your light and your faithful care, let them lead me;
let them bring me to your holy mountain, to the place where you dwell.

⁴Then I will go to the altar of God, to God, my joy and my delight.
I will praise you with the lyre, O God, my God.

⁵Why, my soul, are you downcast? Why so disturbed within me?
Put your hope in God, for I will yet praise him, my Savior and my God.

Mark 14.32-38 (NIV)

³² They went to a place called Gethsemane, and Jesus said to his disciples, "Sit here while I pray." ³³ He took Peter, James and John along with him, and he began to be deeply distressed and troubled. ³⁴ "My soul is overwhelmed with sorrow to the point of death," he said to them. "Stay here and keep watch."

³⁵ Going a little farther, he fell to the ground and prayed that if possible the hour might pass from him. ³⁶ "Abba, Father," he said, "everything is possible for you. Take this cup from me. Yet not what I will, but what you will."

³⁷ Then he returned to his disciples and found them sleeping. "Simon," he said to Peter, "are you asleep? Couldn't you keep watch for one hour? ³⁸ Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak."

PARISH PRAYER POINTS

- Pray for those in need: Lisa Landale, Ian Fraser, Remi Carnaby, Lettie Brown, Renee Effield (Garrick), Jill Jones, John Brook, Pat Fox, Marcia Groom, and Clarice Grose.
- Pray for those who are feeling overwhelmed or spiritually depressed because of COVID. Pray that our members may make wise decisions as they manage their personal risk in connection with coronavirus.
- Pray for the Bate's as they take two week's leave.
- Pray for the Morrison family, and for our state leaders, as they seek to faithfully serve our nation during these troubled times. Pray for wisdom regarding the opening of State and National borders.
- Pray for revival – that, in His grace, God may pour out His Spirit on the people of our nation and our world through this pandemic. Pray that the Holy Spirit may empower God's people throughout the world, including us, to be a kingdom of priests and a holy nation so that, in living under God's rule, others may be drawn to join us in worshipping our God.

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MISSIONARY PRAYER POINTS

Our link missionaries: Brownings, Buchanans, Dousts, and Kyngdons

Andrew Buchanan and Abi Tandiseru – Toraja, Indonesia

Currently on home assignment in Australia

From Andrew and Abi's prayer letter:

'Not much has changed in the last month, though our time of waiting for the big change of having the baby is down to five weeks [*at time of writing*]! We know many are praying for the little boy and he continues to grow well. We are thankful that the Toraja area continues to have few cases, despite people's impatience with social distancing.'

Andrew mentions two areas where there is a gap between Western-inherited ideals and how things actually work.

Education and Credentials: Plagiarism has been a perennial issue at all levels. Cheating goes against the purpose of education to develop and demonstrate individual ability. But the purpose is difficult for many to grasp – given family money being spent, getting the qualification, helping friends is obviously kind, expert's written material is obviously superior to one's own thinking. **Pray for Andrew as he faces these situations.**

Politics and Money: Indonesia is to hold concurrent local council elections in December. A 'feature' of elections at this level is that candidates give people cash handouts to vote for them, at least \$20 per person in Toraja (more than a day's wages). Again, this arises out of a diminished concept of democracy. Refusing the handout has little obvious effect but makes sense as a witness to Jesus' lordship.

Give thanks

For continued support during Abi's pregnancy through CMS.

For the world class medical care we are able to enjoy.

For some relaxing time off this month.

Please pray

For Abi's permanent residency to come through in good time.

For Abi's and the baby's continued health.

For Andrew as he continues to work on approaches to teaching.

The **CMS Coastal Mission Day** will be held on Saturday October 17 from 9.30am till 11.30am. Joel Attwood will be the main speaker but we will also be hearing from Kylie Zietsch (serving in South Africa), Howard and Michelle Newby (serving in the Philippines) and Peter and Sarah Sholl (ex Mexico). To learn more and to register click on this link: [CMS Coastal Mission Day](#)

Giving to the work of the Parish

Thanks to everyone who has continued to contribute financially for the work of the Parish at this time. To give online use the following account:

Kincumber Anglican Parish, BSB: 705077 (Indue), Acct No: 00040910